



## **Military Skills Training Program**

### **Objectives:**

- Development of individual and decision-making skills on battlefield operations, operating from a Forward Operating Base (FOB).
- Development and practice of techniques to Overcome Natural Obstacles in mountain environment.

### **Learning Outcomes:**

- Procedures and techniques to operate from a FOB.
- Principles, rules and procedures for overcoming natural obstacles.

### **Target:**

Program limited to 10 students (2<sup>nd</sup> grade) in total.

Registrations will be accepted on a first-come, first-served basis.

### **Period:**

17-27 July 2026.

### **Prerequisites:**

- English: Common European Framework of Reference for Languages Level B1;
- Adequate physical fitness, psychological preparation and good medical condition (military standards).

### **Activities:**

#### Mountaineering

Perform lashings and assembly of safety equipment (ropes and hardware), intended for vertical and horizontal crossing of obstacles. Climbing (15-20 m), abseiling (20-25 m), zip lining (20 m) and orienteering / navigation (km) (with sport's maps and military charts). Mountaineering hike (kms).



## Military

Implementation of a Tactical Area Of Responsibility (TAOR), alert states, contingency plans, combatant's individual techniques, recognition of conventional and improvised explosive devices.

A Tactical Area of Responsibility will be implemented in a fictional country. This area comprises a Main Gate, Defensive Positions, Patrols, Command and Control Room and a Quick Reaction Force.

The aim of this exercise is to assess the implementation of Alert States according to Security Plan's doctrine. Several injects will be created according to a Main Events List/Main Incidents List (MEL/MIL), where students will have to apply Contingency Plans.

It is intended that students apply the knowledge acquired and know how to respond to different situations that arise in the field using the Individual Combatant Technique. It is also intended that in incidents related to explosive devices, students will be able to recognize conventional and improvised explosive devices and follow adequate procedures.

## **Schedule:**

SUN	MON	TUE	WED	THU	FRI	SAT
			17 JUL	18 JUL	19 JUL	20 JUL
			Arrival at AFA and logistics processing	Preparation / Activities training	Preparation / Activities training	Cultural activity / Free time
21 JUL	22 JUL	23 JUL	24 JUL	25 JUL	26 JUL	27 JUL
Free time	Deployment, Mountain activities	Mountain activities	Military activities	Military activities	Return to AFA	Transport to the airport

**Shuttle from and to airport, and all trips outside the Academy:**

The participants will be transported by the Portuguese Air Force Academy bus.

**Accommodation:**

The participants will be accommodated at the Portuguese Air Force Academy facilities during the preparation, and the night before the departure.

During the field exercises the participants will be accommodated in tents.

**Necessary Equipment**

- Combat uniform (including warm jacket)
- Military boots
- Military sports (shorts, t-shirt, swimsuit, sport shoes)
- Sleeping bag
- Personal hygiene supplies
- Slippers
- Small backpack
- Mobile phone and charger
- Personal medication
- Solar protector and insect repellent

**Meals:**

All meals (breakfast, lunch and dinner) will be provided.

**POC:**

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