



Name of the event	Military Multinational Sports and Shooting Games 2025
Institution, which organised the event	Military University of Technology (MUT)
Country of the organiser	Polónia
Year of the event	2025
Date of the event (from-to)	22 a 26 de abril
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During this Erasmus mobility, the participating cadets had the opportunity to strengthen their physical resilience, discipline, and teamwork in a highly demanding and multinational context.

Over the five days of the programme, they were challenged both physically and socially, engaging with cadets and young officers from various NATO and partner countries, and overcoming language and cultural barriers through mutual cooperation and shared objectives. The Military Multinational Sports and Shooting Games included a diverse range of military-sports disciplines such as the Polish Army Physical Fitness Test, a 100-meter swimming event with a training rifle, air pistol shooting, orienteering, and a complex land obstacle course. These activities required physical endurance, mental focus, coordination, and adaptability, fostering individual and collective growth while promoting institutional representation.

Beyond the competitive elements, the programme also provided valuable cultural and social integration opportunities. Participants were invited to explore the Military University of Technology campus, including visits to the Memory Hall and the Library Hall. Social moments such as the welcome and farewell dinners encouraged intercultural dialogue and helped to build strong bonds with fellow cadets from different military academies.

This mobility experience proved to be exceptionally enriching from both a personal and professional standpoint. It contributed to the development of key competences, such as leadership, cooperation, and intercultural communication, while also reinforcing the participants' commitment to the values of the European military community. The knowledge acquired, the practices observed, and the relationships established during this Erasmus mobility will continue to serve as a reference for future engagements and institutional exchange.







