



## ALLROUNDER 2022

15th International Summer Competition

27<sup>th</sup> – 30<sup>th</sup> September 2022

Armed Forces Academy of General Milan Rastislav Štefánik (AFA)  
Liptovský Mikuláš, Slovakia

### ADMIN DETAILS

#### 1. GENERAL INFORMATION

ALLROUNDER is an international summer competition consisting of 6 sport / military skills related events (obstacle course, Hand-grenade throw, swimming relay in field uniform, SMG and Pistol shooting, cross-country run and rafting) - **NO ENTRY FEE.**

Invited military educational institution or military unit can send 1 team consisting of 6 members (competitors) and 1 team-leader.

Team-leader will join the team-leader meeting on the day of arrival as well as short team-leader briefings before each competition.

#### 2. REGISTRATION

Participants are kindly requested to register by sending the filled in “Registration Form” to the Allrounder POC:

- Martina HYKLOVÁ: [martina.hyklova@aos.sk](mailto:martina.hyklova@aos.sk) and put

- MSc. Peter ŽIŠKA, PhD.: [peter.ziska@aos.sk](mailto:peter.ziska@aos.sk) to Cc of your e-mail.

The Registration Form can be downloaded at <https://weblm.aos.sk/en/article/281-allrounder>  
(*Please send ONE Registration form per institution / team*)

**Deadline for registration: September 12, 2022**

#### 3. TRANSPORTATION

Participants are requested to make their own travel arrangements to and from Liptovský Mikuláš.

3.1. Arrival - Delegations should arrive to the Armed Forces Academy of General Milan Rastislav Štefánik (AFA) on Tuesday, 27<sup>th</sup> September 2022 by 16:00hrs.

3.2 Departure – Departure of delegations is scheduled on Friday, 30<sup>th</sup> September 2022 after breakfast.

#### 4. ACCOMODATION

Accommodation has been pre-arranged at the **Penzión Bowling (32 EUR per person/per night/ including breakfast and local tax)** <http://www.penzionbowling.sk/en/pension-bowling> The accommodation will be booked on the “first come first serve” basis. Once the capacity of the Penzión Bowling is full, the organizers will arrange other accommodation nearby (Penzión Squash or Lodenica or somewhere near the centre of town, though the price for accommodation may differ).

**In case the participants decide to book accommodation elsewhere on their own, please inform the Allrounder POC.**

## 5. MEALS

AFA will provide lunch on Wednesday and Thursday (days of competition) free of charge. AFA will provide hosted dinner – Banquet on Thursday evening free of charge.

Participants are responsible for their dinner arrangements on Tuesday and Wednesday, although the organizer may recommend some restaurants upon your arrival a Teamleaders' meeting.

## 6. DRESS CODE

- Arrival & Team-leaders' Meeting: Civilian clothes
- Practice at the obstacle course: sports clothes
- **Opening Ceremony / Closing Ceremony: ALLROUNDER 2022 T-shirt** (*team-leaders will receive it upon arrival*) and field uniform or sports trousers
- Event 1: Battledress (Field uniform) – *cap and gloves are allowed*
- Event 2: Battledress (Field uniform) – *cap is allowed / glasses are forbidden*
- Event 3: Battledress (Field uniform) and belt (bandage) are provided by the organizer – *swimming cap and glasses are allowed*
- Event 4: Battledress (Field uniform)
- Event 5: Athletic clothes and shoes
- Event 6: Neoprene or wet suit is recommended but it is not provided by the organizer. *Organizer provides life jackets and helmets*
- Hosted Dinner: Civilian clothes

## 7. HEALTH

7.1. Insurance – Insurance is the responsibility of the sending country. We recommend to bring with you an insurance certificate in case of medical care in a civilian health care facility.

### 7.2. COVID-19 Restrictions

Please, review the following article to stay updated on COVID-19 regulation on entering Slovakia: <https://www.mzv.sk/web/en/covid-19>