



HELLENIC ARMY ACADEMY
SUPERINTENDENT

Vari, July 2019

The Hellenic Army Academy is pleased to kindly invite you to one of the most important international sporting and cultural events the “37th Athens Marathon, The Authentic” and the “6th Athens Military Marathon”, which for this year are going to be placed on the 10th of November 2019.

The “Athens Marathon. The Authentic” is not just a sporting event, a hard race, a tough course of 42,195m. Beyond that, the “Athens Marathon, the Authentic” is a bridge that incorporate legend into history. It showcases the strength of the human will. It is a fountain of values, of social liability, environmental sensitivity, friendship and solidarity. This event is definitely specific because it preserves the Starch and the sporting ideal worldwide via a creative and fruitful international corporation, sporting performance’s competition and totalitarian public participation.

It is a 42,195m event on a specific route from Marathon to Panathenaic Stadium (Athens), where the first Modern Olympic Games took place on 1896.

It is our pleasure to invite cadets and officers participating in the initiative “Exchange of Young Officers, Inspired by Erasmus”, to take part at this special athletic event from 7th to 10th of November 2019. The participants during this period, will also visit historical and archaeological sites such as Acropol’s Museum, and Parthenon as well as the battle fields where the Battle of Marathon took place.

More details about the process and logistics regarding the event, can be found attached.

We kindly ask you to confirm your participation before 10th of September 2019 via e-mail to tsase@sse.gr and p.ioannou@sse.gr , using the applications forms which can be found at www.emilyo.eu/node/878 .

If you have any further questions, please feel free to contact Cpt George Skretis (tsase@sse.gr) phone: +302108904095 or Lt Panagiotis A’ Ioannou (p.ioannou@sse.gr) phone +302108904198.

Yours faithfully

Dimitrios Choupis
Major General



Annexes

- Administrative Information
- Application Form
- Route map



"Athens Marathon. The Authentic"

Athletic Event

Organized in Athens (HELLAS)
7th - 10th November 2019

Administrative Information

1. Participants

Participants are cadets/students/young military officers who are willing to take part at the "Athens Marathon. The Authentic" athletic event will be held on the 10th November 2019, but the participants will also attend historical lectures, special lectures about the healthy living attitude, and also visit museums as well as the battle fields where the Battle of Marathon took place. Up to 4 students per Institution will be admitted.

2. Costs

The international participants who will choose to stay in the Academy's installations, will be offered accommodation and meals free of charge.

We can recommend hotels close to the Academy for those who will not be accommodated inside the Academy and their expenses will be covered by their institutions.

Each room in the Academy can accommodate 4 or 8 persons.

No participation fee is required.

3. Transportation

Participants are requested to make their own travel arrangements to and from Athens International Airport.

The Hellenic Army Academy will provide free transport from the International Athens Airport to the Academy and back additionally. Free transport will be provided for participants according to program throughout the entire duration of their stay. The participants will be welcomed at the Arrival Hall of the International Athens Airport according to the flight schedule by a representative from the Hellenic Army Academy who will hold the "**HELLENIC ARMY ACADEMY**" sign.

Participants are kindly requested to arrange their arrival at Athens International Airport on the 7th of November 2019 and the departure on the 11th.

Whoever would like to make his own arrangements, he can either hire a car at the airport or he can use a taxi. Prices for taxis are approximately 15 EUR from the International Athens Airport to the Hellenic Army Academy. Another option is to use public airport buses:

All bus routes are available 24 hours a day - 7 days a week.

Buses depart from the designated area at the arrivals level (between Exit 4 and Exit 5)



The buses leave every 30 to 60 minutes depending on the route. For the exact departure times of each route click on the blue links below

[X96](#) or [X97](#) buses depart from the International Athens Airport with direction to the Piraeus Port and Elliniko metro subsequently. The stop for the Hellenic Army Academy is called "Scholi Evelpidon".

The [cost](#) is €6 one way.

4. Uniform/Dress Code

Arrival/Departure and Sightseeing: Civilian clothes

Participation at the "Athens Marathon. The Authentic" Event: Athletic Clothes

5. Registration

Please use the attached application form (if you do not know your flight data at this stage you can send them later on) and send it to POC. Last date for registration is 10th of September 2019.

6. Point of Contact

CPT. Georgios Skretis

Military Erasmus Office

[Hellenic Army Academy](#)

Leoforos Evelpidon

16673, Vari, Athens, Hellas

Tel: +30 210 8904095 (office)

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Lt Panagiotis A' Ioannou

Military Erasmus Office

[Hellenic Army Academy](#)

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16673, Vari, Athens, Hellas

Tel: +30 210 8904198 (office)

Mob: +30 6932277951

E-mail: p.ioannou@sse.gr

7. General Information about Hellas

- Language

The official language is Hellenic.

- Local Time

Hellas is in the Eastern European Time Zone - EET (UTC +2). The Eastern European Summer Time - EEST (UTC +3)

- Climate & Weather

The climate of Hellas is primarily Mediterranean, featuring mild, wet winters and



hot, dry summers. This climate occurs at all coastal locations, including Athens, the Cyclades, the Dodecanese, Crete, the Peloponnese, the Ionian Islands and parts of the Central Continental region.

The mountainous areas of Northwestern Hellas (parts of Epirus, Central Hellas, Thessaly, Western Macedonia) as well as in the mountainous central parts of Peloponnese feature an Alpine climate with heavy snowfalls. The inland parts of northern Hellas, in Central Macedonia, East Macedonia and Thrace feature a temperate climate with cold, damp winters and hot, dry summers with frequent thunderstorms. Snowfalls occur every year on the mountains and northern areas, and brief snowfalls are not unknown even in low-lying southern areas, such as Athens.

Summer in Athens is usually hot with temperatures around 35°C. Winters are wet and mild varying from 0°C to 14°C. Spring in Hellas starts on the 21st March and is mostly characterized by warm and sunny weather. In Athens the highest average temperature in November is around 19°C and the lowest average temperature is 11°C.

- Currency / Exchange

The currency in Hellas is Euro. All banks operating in Hellas offer foreign currency services and quote the exchange rates of the Euro against all major foreign currencies daily. Major foreign currencies can also be exchanged in exchange offices in the city.

- ATMs and Credit Cards

All major banks in Hellas have automatic teller machines (ATMs) in most towns and larger villages. All major credit cards are accepted almost everywhere.

- Electricity supply

Electrical sockets (outlets) in Hellas usually supply electricity between 220 and 240 volts AC. Electrical sockets (outlets) in Hellas are one of the three European standard electrical socket types: The "Type C" Europlug, the "Type E" and "Type F" Schuko. If your appliance's plug doesn't match the shape of these sockets, you will need a travel plug adapter in order to plug in.

- Smoking

Smoking is prohibited at all public areas and indoor public places. There are smoking areas at the Academy campus, in restaurants and night clubs.

- Opening hours

Shops usually open around 09:00 and close around 15:00. Depending on the day shops open again from 17:30 till 21:00. Large Shopping Centres stay open till 21:00.

Banks are open on workdays (Monday to Friday) usually between 08:00 and 14:30.

Restaurants and cafes have varying opening hours, but most of them close at midnight on workdays (Monday to Friday).

- Driving side

Driving is on the right-hand side of the road. All the international road traffic signs are in use and placed on the right-hand side of the roads and highways. At roundabouts, priority is given to vehicles coming from the right side.

- Emergency number

Police:	100
Fire and rescue:	199
Ambulance (Life emergency):	166



SOS, emergency call: 112

Dial Code for Hellas: +30

8. **Links**

Hellenic Ministry of National Defence:

<http://www.mod.mil.gr/mod/en/>

Hellenic Ministry of Foreign Affairs:

<http://www.mfa.gr/en/>

The Hellenic Army Academy:

<http://sse.army.gr/en>

European Security and Defence College:

<http://www.emilyo.eu/>

City of Athens:

<https://www.cityofathens.gr/en/>

Weather Forecast for Athens

http://www.meteo.gr/meteoplus/cf-En.cfm?city_id=12

“Athens Marathon. The Authentic” Website

<http://www.athensauthenticmarathon.gr/site/index.php/en/>



Application form
for the “Athens Marathon. The Authentic” Event
 07th – 10th November 2019, Vari, Hellas

Point of contact (POC) of sending institute				
Male	Female	Rank	Family name	First name
POC's phone number			POC's e-mail address	

Male	Female	Rank	Family name	First name

Date of birth	Nationality	Passport number	Passport validity

Branch of Service (if available)	Sending institution

Phone number (if available)	Mobile number (if available)	e-mail address

Arrival at ATH (Athens Airport)	Other Arrival	On (arrival date)	At [arrival time (if available)]
Departure from ATH (Athens Airport)	Other Departure	On (departure date)	At [departure time (if available)]

Special dietary or food requirements due to medical or religious reasons		If yes, please specify food you cannot eat
No	Yes	

Additional remarks

Please send the application form until **10th of September** to
Cpt Georgios Skretis
tsase@sse.gr
 and Lt Panagiotis A' Ioannou
p.ioannou@sse.gr