

# Leadership in Communication

Academia Militar  
Portugal

# Goals:

development of skills and  
competencies related to  
communication in all types of  
situation

## Such as:

- Self awareness
- Public speaking awareness
  - Verbal and non-verbal communication
- Emotional Intelligence





Strategic Partner

Academy" has been  
plus+ Programme

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# Leadership in Communication Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>07:20 – 08:00</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<b>08:00 - 09:50</b>	<b>Opening of the Intensive Leadership Course (08:30)</b>	<b>Media Training: Assertive communication and presentation techniques (TV Studio)</b>	<b>Group Dynamics (TV Studio)</b>	<b>Practical Lessons Outdoor Group Dynamics</b>	<b>Cultural visit</b>
<b>10:10 – 12:00</b>	<b>The role of the Commander and the Leader in Organizations</b>	<b>Horse Riding and Assertive Communication</b>	<b>Group Dynamics (TV Studio)</b>		
<b>12:40</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<b>14:00-15:20</b>	<b>Planning and Organization: Tools for Solving Problems and Decision Making</b>	<b>Group Dynamics (TV Studio)</b>	<b>Group Dynamics (TV Studio)</b>	<b>Cultural visit</b>	<b>Closure and delivery of diplomas of the Intensive Leadership Course</b>
<b>15:40-17:00</b>	<b>Group Dynamics (TV Studio)</b>				
<b>17:30-18:30</b>	<b>Sports Activities</b>				
<b>19:00</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	
<b>20:00-23:00</b>	<b>Group Dynamics (TV Studio)</b>	<b>Group Dynamics (TV Studio)</b>	<b>Group Dynamics (TV Studio)</b>		