

Annex

to the Common Module Military Leadership (C)

The list of literature is not necessarily for students to read it. More likely, it is foreseen for the future Module Directors if they will conduct the semester (or parts of it) to get familiar with the topics.

Literature:

1. W. L. Kenney, J. H. Wilmore, D. L. Costill, *Physiology of Sport and Performance*. 5th Edition, 2012